

# Thankful Just like

الحمد لله على نعمه  
Muhammad  
Peace Be Upon Him

Opposites:

Our Prophet Muhammad (PBUH) is reported to have said,



“Oh Abu Dharr! Value and revere five things before five others (happen).

Alhamdulillah! Do you remember the things that Prophet Muhammad (PBUH) was grateful for? List 5 things you will try and remember to be thankful for daily by saying Alhamdulillah with all your heart:

1. Your \_\_\_\_\_ before your old age.



2. Your \_\_\_\_\_ before your ailment.



3. Your \_\_\_\_\_ before your poverty.



4. Your \_\_\_\_\_ time before getting busy.



5. Your \_\_\_\_\_ before your death.”



Our Prophet Muhammad (PBUH) was always thankful for food, and especially liked pumpkin soup! Help connect the pumpkin and pot to make pumpkin soup — Alhamdulillah!

